Cleanse & Lean Advanced is a powerful body composition slenderizing formula designed for quick and effective weight loss. Cleanse & Lean Advanced specifically addresses the areas of healthy elimination, appetite suppression, thermogenesis along with water loss using high quality ingredients supported by published scientific studies. Cleanse & Lean Advanced is fast-acting, delivering key bioactive ingredients to support your weight-loss program in convenient and easy-to-swallow capsules.

The Appetite Management and Thermogenic Complex contains key ingredients to suppress appetite and maximize thermogenesis and fat burning. Suppressing appetite is a key factor in any successful weight-loss program and that’s why we included Slimaluma™. Slimaluma™ is a patented extract of the Caralluma fimbriata plant, successfully used as a natural appetite suppressant in India for centuries. Several human clinical studies have proven its safety and effectiveness to effectively suppress hunger. Slimaluma™ resulted in significant reductions in body weight and body fat, reduced body mass index (BMI) and reduced waist and hip circumference compared to a placebo group. The key bioactive ingredients in Slimaluma™ appears to be the pregnane glycosides, flavone glycosides, and megastigmane glycosides. It has been proposed that the pregnane glycosides block lipogenesis (fat synthesis) by as much as 35% by inhibiting a key fat synthesis enzyme called ATP-citrate lyase. Studies have also shown that Slimaluma™ inhibits differentiation of pre-adipocytes into adipocytes (new fat cells) indicating the reduction of new fat cell lines.

The Appetite Management and Thermogenic Complex contains the combined benefits of both Caffeine and Green Tea Extract supported by numerous published research studies. Caffeine promotes the rapid breakdown and release of stored fat from fat cells and promotes thermogenesis, increases metabolism and increases energy. The Green Tea Extract is standardized to contain high levels of epigallocatechin gallate (EGCG polyphenols) in addition to natural caffeine shown to be effective in increasing thermogenesis, fat oxidation (fat burning) and increasing metabolism. Green Tea Extract also boosts and supports mood, enhances energy and promotes a sense of well-being. The Appetite Management and Thermogenic Complex also contains the special combination of Cissus quadrangularis and African Mango (Irvingia gabonensis). The positive synergistic effect of both of these herbs has now been demonstrated in double-blind placebo-controlled published research studies resulting in statistically significant reductions in body weight, body fat, waist size and other clinical parameters in as little as 4 weeks. No major dietary changes nor exercises were suggested during the study.

The Intestinal Cleanse Complex contains a proprietary blend of high quality ingredients producing a natural laxative effect to help you lean out and lose weight fast while cleansing your system of impurities for better health. The Intestinal Cleanse Complex addresses the elimination of fecal waste and weight stored in the lower intestinal tract. This excess waste frequently contributes to excess weight (up to several pounds) and a physically protruding lower abdomen. Included are Cascara Segradark Bark Powder and Standardized Extract (standardized to contain a minimum of 80% Cascarasideis). Senna Leaf Powder (10:1),
Fennel Seed Powder, Psyllium Husk Powder, Slippery Elm Bark Powder, and concentrated Aloe Vera Powder (200:1). The proprietary blend of these herbs produces a natural laxative effect to support healthy and gentle elimination for a flatter abdomen. The Intestinal Cleanse Complex is designed to maintain a healthy digestive tract along with increased energy.

The Water Loss Support Complex contains two potent and highly effective herbs to naturally release excess fluid and flush it from your system helping you drop weight, maximize muscle definition and get that chiseled vascular appearance of the skin. Included are Uva Ursi (Arctostaphylos uva ursi) standardized extract containing a minimum of 20% arbutin and Dandelion Leaf (Taraxicum officinale) standardized extract containing a minimum of 20% taraxasteroles. These herbs contain natural levels of potassium to support healthy electrolyte balance while releasing excess water from the body. Additional potassium has also been added to the formula to further support healthy levels of this electrolyte and to help prevent cramping.

The Cleanse & Lean Advanced smart and quick weight loss formula provides high quality and scientifically-supported key ingredients designed to promote healthy elimination, appetite suppression, thermogenesis and water loss. Cleanse & Lean Advanced is fast-acting, delivering key bioactive ingredients to support your weight-loss program in convenient and easy-to-swallow capsules. As with any weight loss product, this dietary supplement is most effective when used in conjunction with a reduced caloric diet, exercise and behavior modification program.

Directions: As a dietary supplement take 1 capsule to determine tolerance. Wait 12 hours. If well tolerated increase dose to 2 capsules. Stay well hydrated throughout the day while using this product especially in hot and humid temperatures. DO NOT TAKE AFTER 6 PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED 4 CAPSULES DAILY.

Other Ingredients: Rice powder, magnesium stearate, gelatin.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

Warning: Not for use by people under age 18. This product contains Cascara Segrada Bark Powder and Standardized Extract (standardized to contain a minimum of 80% Cascarides), Senna Leaf Powder, Fennel Seed Powder, Uva Ursi Leaf Extract, Psyllium Husk Powder, Slippery Elm Bark Powder, Aloe Vera Leaf Powder (200:1) to promote a natural laxative effect to support healthy and gentle elimination.

The Water Loss Support Complex contains Uva Ursi (Arctostaphylos uva ursi) standardized extract containing a minimum of 20% arbutin and Dandelion Leaf (Taraxicum officinale) standardized extract containing a minimum of 20% taraxasteroles, two potent and highly effective herbs to naturally release excess fluid and flush it from your system helping you drop weight, maximize muscle definition and get that chiseled vascular appearance of the skin.

Additional potassium has also been added to the formula to further support healthy levels of this electrolyte and to help prevent cramping.

Fast-acting, delivering key bioactive ingredients to support your weight-loss program.

Convenient and easy-to-swallow capsules.

Key References
2. Lawrence RM, Choudhary S. Caralluma Fimbriata in the Treatment of Obesity. 12th Annual World Congress of Anti-Aging Medicine, December 2004, Las Vegas, NV USA.