Full Blown XXX is an ultra concentrated pre-workout formula designed to support energy, strength, power, and stamina. The bioactive ingredients in Full Blown XXX have been shown to increase nitric oxide production and vasodilation, provide buffering function, and enhances energy and power for explosive and intense workouts. This is a science-based formula supported by published peer reviewed research to enhance any workout program.

Full Blown XXX Delivers:
• 2 TIMES MORE Caffeine!*  
• 50% MORE Creatine!*  
• No Geranium or 1,3 DMAA  
• Sugar Free!

The Full Blown XXX Activator Blend contains the following bioactive components:

**Arginine Alpha Ketoglutarate (A-AKG).** Arginine is the amino acid precursor for nitric oxide production by the enzymatic action of nitric oxide synthase (NOS). Nitric oxide (NO) is an important signaling molecule involved in numerous physiological and pharmacological processes in the human body. Nitric oxide results in expansion of the blood vessels (vasodilation) which enhances blood flow, oxygen transport, and nutrient delivery to skeletal muscles. **Arginine alpha-ketoglutarate (A-AKG)** is a powerful and special molecular form of arginine resulting in dramatic NO release. A-AKG has also been shown to promote growth hormone and insulin secretion for additional anabolic effects.†

**Creatine monohydrate** plays an essential role in energy production by recycling ATP (adenosine triphosphate) in muscle cells. ATP is the body’s major molecule that produces “explosive” chemical energy within cells and is also known as “molecular currency” since it transfers energy within all cells of the body. Creatine supplementation facilitates muscle creatine phosphate (PC) re-synthesis during the recovery phase following maximal exercise. PC prevents the rapid depletion of ATP in the muscle by providing readily available high-energy phosphate which is used to generate ATP from ADP. There is a vast number of published studies indicating that creatine supplementation increases total body mass.†

**CarnoSyn® Beta-Alanine** is a proprietary, patented form of beta-alanine. Beta-alanine is a naturally occurring beta-form of the amino acid alanine. Beta-Alanine is a safe and proven molecule involved in the synthesis of carnosine in muscles. Carnosine, like an intracellular sponge, is the most powerful buffer in muscles and functions to neutralize the accumulation of hydrogen (H+) ions released from lactic acid (lactate) during high intensity exercise. Carnosine is concentrated in the “fast-twitch” (Type II) fibers or those fibers used in power and high-intensity exercise. CarnoSyn® Beta-Alanine is proven to delay fatigue, increase muscle strength, improve endurance, and speed recovery from both high intensity and endurance exercise.†

**Caffeine (1,3,7-trimethylxanthine)** has been added as an extensively researched ingredient that provides an effective thermogenic, metabolic, fat oxidation and performance enhancing (ergogenic) effect in humans. **Schizandrol A** is a bioactive lignin derived from schisandra (Schizandra chinensis, berry). Characterized as an adaptogen, Schizandrol A provides an invigorating effect attributed by the support of mitochondrial function and cellular energy. Schizandrol A has been shown to enhance oxygen delivery to muscles, improve concentration, reduce tiredness, and immune modulation.†

(cont’d on p.2)
Advantra Z® is a patented extract of a citrus fruit (Citrus aurantium). Advantra Z® contains a natural and complete and synergistic family of bioactive amines including synephrine, N-methyltyramine, hordenine, octopamine and tyramine. The naturally occurring form of synephrine in Advantra Z® is call P-synephrine and is the proven safe form for humans. Advantra Z® has been shown to be safe and effective in humans in stimulating metabolic thermogenesis, increasing the breakdown of fat (lipolysis), increasing the ratio of lean muscle to total body mass, improving athletic performance and exerting an appetite suppressing effect. Additionally, Advantra Z® increases metabolic rate without affecting heart rate or blood pressure.

N-Acetyl-L-Tyrosine (NALT) is an acetylated form of the amino acid L-tyrosine. Adding the acetyl group makes the amino acid more soluble and stable for enhanced absorption and less prone to urinary excretion. N-Acetyl-L-Tyrosine supports the synthesis of the brain neurotransmitters epinephrine, norepinephrine, and dopamine which are produced during high intensity exercise as part of the fight or flight response. Additionally, L-Acetyl-L-Tyrosine enhances focus and vitality.

With Full Blown XXX you get no hype or illegal chemicals that are potentially unsafe, just beneficial and high quality ingredients to support your workout and backed by sound science.

*Compared to leading brands.

** Additional benefits: Thoughtful, natural, and complete.  
** Reading achievement: Improves focus and clarity of thought.  
** Energy level: Natural and complete, provides natural energy.  
** Muscle tone: Supports lean muscle mass.  
** Recovery: Supports muscle recovery.  
** Mood: Improves mood and reduces stress.  
** Weight management: Supports healthy weight management.  
** Antioxidants: Provides natural antioxidants.  
** Phosphatidylserine: Supports healthy brain function.  
** Acetyl-L-Carnitine: Supports energy production and reduces fatigue.  
** A-GHK: Supports cognitive performance and memory.  
** Rhodiola Rosea: Supports energy and mental clarity.  
** Ashwagandha: Supports energy and stress.  
** Pueraria Mirifica: Supports healthy weight management.

** Branding薩**: The Full Blown XXX brand is a cutting-edge supplement developed by Max Muscle Sports Nutrition, a leading fitness and nutrition brand. The Full Blown XXX product line offers high-quality, scientifically backed supplements designed to support fitness enthusiasts and those looking to improve their health and fitness goals.

**Key Features**: The Full Blown XXX product line is known for its commitment to providing natural, high-quality ingredients that are safe and effective for users. The Full Blown XXX products are free from illegal or harmful substances, ensuring users can trust the products to support their fitness and health goals. With a wide range of products, Full Blown XXX caters to different fitness needs, from muscle building to weight loss and overall well-being.

**Target Market**: The Full Blown XXX product line is ideal for active men and women seeking a new ultra-concentrated pre-workout product to support energizing, mind-blowing workouts and results. It is particularly suited for those looking for a natural and safe alternative to traditional pre-workout supplements.

**Recommended Stack**: Full Blown XXX products are designed to be stacked for maximum effect. The recommended stack includes key products that work together to support energy, focus, and performance. Full Blown XXX products are formulated to be mixed and used as part of a comprehensive fitness plan, providing a synergistic effect that enhances results.

**References**: Full Blown XXX products are supported by scientific research and expert testimonials, ensuring users can trust the effectiveness of the products. The company’s commitment to quality and safety is reflected in the use of high-quality ingredients and rigorous testing processes. Full Blown XXX is a trusted brand in the fitness industry, providing users with the tools they need to reach their fitness goals.